

## Breakfast

Served 7am–11am (8am–11am at weekends)

### Full English Breakfast £8.95

Two rashers of bacon, two pork sausages, eggs (*fried, poached or scrambled*), baked tomato, mushroom, baked beans and black pudding; served with mixed toast and a choice of either tea or coffee.

### Half English £4.95

One rasher of bacon, one pork sausage, eggs (*fried, poached or scrambled*), baked tomato, mushroom, baked beans and black pudding.

### Breakfast Bap £3.25

Served in a large white bap. Choose any two ingredients from the following: bacon, egg, sausage, black pudding, mushrooms. *Additional choices 80p each.*

### Eggs Benedict £4.95

Two lightly poached eggs on a toasted English muffin with bacon rashers and hollandaise sauce. *Add smoked salmon for £1.95*

### Smoked Salmon £5.95

Scottish smoked salmon topped with creamy scrambled egg.

### Eggs on Toast — *Your way* £3.95

Choose from scrambled, poached or fried on white or brown toast.

### Porridge Oats £2.95

Cooked to your liking with milk or water, finished with sugar, salt or honey.

### Toast & Preserves £2.95

Choose from white or brown – *or one of each* – served with butter and jam or marmalade. ♥

## Hot Sandwiches

Served 10.30am ~ 5.30pm. All hot sandwiches served in a large white bap with chunky chips or skinny fries, accompanied by a gravy jug.

### Hot Meat Dip £6.95

Please ask for today's choice of meat.

### Slow-Cooked Pulled Pork £6.95

### Thick Pork Sausage & Caramelised Onion Gravy £6.95

### Pulled Lamb Shoulder £6.95

## Wraps

Served 10.30am ~ 5.30pm. All wraps served with a crisp salad garnish, homemade coleslaw and chunky chips or skinny fries.

### Chicken Salad & Garlic Mayonnaise £6.95

Add bacon for 80p.

### Sweet Chilli Chicken & Stir Fry £6.95

### Cheddar & Onion Marmalade £6.95

### Tuna & Cheese Melt £6.95

With spring onion and cucumber mayonnaise .

## Cold Sandwiches

Served 10.30am ~ 5.30pm. All hot sandwiches served in a large white bap with chunky chips or skinny fries.

### Prawn Marie Rose £5.95

### Tuna, Spring Onion & Cucumber Mayonnaise £5.95

### Cheddar & Onion Marmalade £5.95

### Chicken, Lettuce & Tomato £5.95

Add bacon or black pudding for 80p each.

### Winter Warmer

£7.95

Any sandwich or wrap and a mug of soup of the day.

## Children's Menu

All £5.95

### Scampi

### Fish Pieces

### Chicken Bites

### Ciabatta Cheese & Tomato Pizza

### Cheese Burger

### Sausage & Gravy

### Tomato Pasta

### Steak Pie

All served with a choice of chunky chips, French fries or mashed potato, along with a side of salad, peas or beans.



## Sunday Lunch

SERVED NOON ~ 6.00PM EVERY SUNDAY

(Subject to availability)

Choose from a selection of roast beef, pork loin or roast turkey, or a combination of all three!

STANDARD £9.95 — LARGE £12.95  
CHILDREN'S ROAST £5.95 — VEGETARIAN £9.25

## Steak Night

EVERY FRIDAY NIGHT AT THE SEATON LANE INN

Ask staff for details or see our website

Please note: All our food is cooked to order which may result in a longer than average waiting time during busy periods, thank you for your patience. If you have any special dietary requests please let a member of staff know when you order. We have full allergen information for every item on our menu – ask staff for our allergen information binder.

INFO@SEATONLANEINN.CO.UK

WWW.SEATONLANEINN.CO.UK

Terms & Conditions: Menu descriptions may not list full dish contents. All menu items are subject to availability. Prices include VAT at the current rate. Visa & MasterCard are accepted and Maestro/Delta/Amex where applicable, together with personal cheques when accompanied by an appropriate banker's card. All products may contain nuts or nut derivatives. Please note that all of our meat and fish products may contain bones. If you have any queries or comments please do not hesitate to contact us at: The Seaton Lane Inn, Seaton Lane, Seaton, Co. Durham, SR7 0LP. Tel: 0191 581 2038. Email: info@seatonlaneinn.co.uk



AA  
Dinner  
Award



Main Meals Served 11.30am ~ 9.00pm (Friday & Saturday till 9.30pm)

## Starters

**Soup of the Day** £4.45  
Made fresh daily and served with a bread knot and butter.

**Deep-Fried Potato Skins** £3.95  
Red potato skins served with a crisp salad garnish and garlic mayonnaise or sweet chilli dip.

**Chicken Liver Pâté** £5.95  
Smooth chicken livers scented with orange and thyme, served with sun-blushed tomato ciabatta toasts.

**Fresh Steamed Mussels** £7.95  
Potted shell-on mussels in a choice of sauce – *Thai green curry, arrabiata or creamy garlic.*

**Traditional Prawn Cocktail** £6.95  
Greenland prawns bound in a classic Marie Rose sauce with shredded lettuce, cucumber and cherry tomato salad.

**Goats Cheese Terrine** £6.95  
Served with on-the-vine balsamic roast cherry tomatoes and a crisp salad garnish.

**Pork, Lime & Chilli Patties** £5.95  
Served with a fresh ginger yogurt dressing and tendril pea shoots.

**Garlic & Tarragon Mushrooms** £4.95  
Mushrooms bound in a roast garlic & wild tarragon cream sauce. laid upon toasted ciabatta.

**Crispy Coated Chicken Strips** £5.95  
Served upon iceberg, cherry tomato and spring onion salad with a sweet chilli mayonnaise dressing.

**Duo of Fish Cakes** £6.95  
Cod and salmon potato cake, coated in breadcrumbs and deep fried, served with citrus mayonnaise.

**Portobello Mushroom** £5.95  
Roast mushroom topped with crumbled blue cheese and crisp bacon laid upon a dressed pea shoot salad.

**Antipasto** £6.95/£9.95  
Marinated olives, a selection of cured mixed meats, pickles, cheese, olive oil and mixed toasts — *for one or to share.*

## Mains

**Seared Seabass** £13.95  
With wilted spinach, warm new potatoes and a lemon & chive cream sauce.

**Salmon Teriyaki** £13.95  
Salmon with red onion, cherry tomato, mixed capsicum steamed rice and a teriyaki sauce.

**Battered Cod** £10.95  
Deep-fried cod served with chunky chips, mushy peas and homemade tartare sauce.

**Whitby Scampi** £9.95  
Served with lime-dressed salad, chunky chips and tartare sauce.

**Steamed Mussels** £12.95  
Potted mussels served in either a Thai green curry, arrabiata, or creamy garlic sauce; accompanied by toasted ciabatta and fries.

**Homemade Steak & Ale Pie** £10.95  
Succulent chunky steak in a rich gravy served in a shortcrust pastry with creamed potato or chips and fresh steamed vegetables.

**Oven-Roasted Chicken Breast** £12.45  
Served upon a bed of mashed potato with fresh steamed vegetables and a choice of sauce – *Dianne, peppercorn, a la crème or tomato & chilli.*

**Thai Green Curry** £12.95  
Baby prawn or chicken breast curry with stir-fry vegetables in a Thai green curry sauce, served with boiled rice and poppadoms. *Add chips for £1.95.*

**Chunky Beef Chilli** £9.95  
Beef chilli served with basmati rice, topped with fresh coriander and crème fraîche.

**Slow-Roasted Pulled Pork Shoulder** £14.95  
Served with creamy potato, fresh vegetables, apple crisps and a rich gravy.

**Stuffed Chicken Breast** £14.95  
Chicken breast stuffed with white Stilton and apricots, wrapped in prosciutto and served with an a la crème sauce, chips and vegetables.

**Shoulder of Lamb** £14.95  
Slow-roasted mint lamb shoulder with rich gravy, new potatoes and vegetable crisps.

**Roast Cod Fillet** £12.95  
A chunky cod fillet served with a roasted Mediterranean vegetables and a rich tomato & basil sauce.

**Breaded Plaice Goujons** £11.95  
With a green pea purée, cherry tomato, dressed pea shoots and tartare sauce.

**Lamb’s Liver** £9.95  
Pan-fried lamb’s liver in an onion & mushroom gravy, served with creamy mash, bacon lardons and fresh vegetables.

**Sausages & Mash** £8.95  
Plump pork sausages simply served with mashed potato, onion gravy, crisp carrots and fresh vegetables.

**Homemade Chicken Stroganoff** £12.95  
chicken bound in a rich creamy stroganoff sauce served with boiled wild rice.

**Marinated Chicken Breast** £10.95  
Choose from lemon & black pepper or chilli, ginger & lime marinated chicken breast, served with a crisp salad garnish and French fries.

## From the Grill

**Seaton Lane Angus Beef Burger** £9.95  
Succulent burger in a toasted white bap topped with iceberg lettuce and sliced tomato, served with chunky chips and coleslaw.

*Add 80p per topping to make your perfect burger: Cheese, onion, mushrooms, bacon, black pudding, fried egg. Add onion rings for £1.50.*

**Gammon Steak** £10.95  
Succulent gammon coated in a honey & mustard dressing, served with a fried egg, sliced pineapple, baked tomato, mushroom, homemade onion rings and chunky chips.

## Steaks

**10oz Rump Steak** £19.95  
**10oz Ribeye Steak** £20.95  
**10oz Sirloin Steak** £21.95

All the above steaks cooked to your liking and served with a traditional garnish of grilled tomato, mushroom, onion rings, mixed salad and chunky chips.

*Add a sauce of only £2.50 – choose from peppercorn, dianne, a la crème or a blue cheese sauce.*

## Meat Free

**Woodland Mushroom & Tarragon Fusilli** £12.95  
Served with garlic toasts.

**Blue Cheese & Spinach Linguine** £9.95  
Topped with toasted pine nuts.

**Mushroom & Vegetable Stroganoff** £10.95  
Served with wild rice.

**Stir Fried Vegetables** £9.95  
With a sweet chilli sauce and steamed rice.

## Sides

**Marinated Olives** £2.95

**Chunky Chips** £1.95

**Steamed Vegetables** £1.95

**French Fries** £1.95

**Wild Rice** £1.95

**Wilted Spinach** £1.95

**Dressed Side Salad** £2.25

**Mushy Peas** £1.95

**Homemade Onion Rings** £2.25

**Garlic Bread** — *add cheese for £1.00* £2.50

## Desserts

**Double Chocolate Brownie** £4.95  
Served with a vanilla ice-cream, fresh berries and white chocolate sauce.

**Caramel Slice** £4.95  
Served with Chantilly cream and raspberry coulis.

**Cheesecake of the Day** £5.95  
Please ask you server for today’s choice; with ice cream and seasonal berries.

**Sticky Toffee Pudding** £5.95  
Served with a butterscotch sauce and luxury vanilla ice cream.

**Seaton Mess** £5.95  
Mixed berries bound in whipped cream, crushed meringue, raspberry sauce and flaked almonds.

**Vanilla Panna Cotta** £5.25  
Served with an orange and black cherry compote.

**Ginger Sponge** £4.95  
Served with rum custard condensed milk drizzle.

**Homemade Creamy Rice Pudding** £4.75  
Served with a fresh fruit garnish.

**Seaton Lane Inn Fruit Crumble** £4.95  
Baked fruit crumble with vanilla ice cream or custard.

**Luxury Ice Cream**  
Choose from the following flavours: Vanilla dream, strawberry, chocolate, white chocolate, panna cotta raspberry, rum raisin, maple walnut, mint choc, or lemon sorbet.

One Scoop £1.95 — Two Scoops £2.95 — Three Scoops £3.75

**Ultimate Ice Cream** £7.95  
All our flavours in one bowl to share! Finished with lots of toppings.

## Sharing Desserts

**Seaton Mess** £9.95  
Mixed berries bound in whipped cream, crushed meringue, raspberry sauce and flaked almonds.

**Sticky Chocolate Brownie** £10.95  
Pieces of sticky toffee pudding mixed with chocolate brownie and accompanied by a scoop of chocolate, white choc and mint choc ice cream; topped with Chantilly cream and butterscotch sauce.

**Remember to ask staff about our daily specials menu**

*(Please note: specials may not be available during peak seasons)*