

BREAKFAST

Served 7.00–11.30am (8.00–11.30am at weekends)

Full English Breakfast

Two rashers of bacon, two pork sausages, eggs (fried, poached or scrambled), plum tomatoes, mushroom, hash brown, baked beans and black pudding; served with mixed toast — £6.95

Half English

One rasher of bacon, one pork sausage, eggs (fried, poached or scrambled), plum tomatoes, mushroom, hash brown, baked beans and black pudding — £4.95

Eggs Benedict

Two lightly poached eggs on a toasted English muffin with bacon rashers and hollandaise sauce — £4.95. Add smoked salmon for £1.95

Smoked Salmon

Scottish smoked salmon topped with creamy scrambled egg — £5.95

Eggs on Toast – Your way

Choose from scrambled, poached or fried on white or brown toast — £3.95

Porridge Oats

Cooked to your liking with milk or water, finished with sugar, salt or honey — £2.95

Toast & Preserves

Choose from white or brown – or one of each – served with butter and jam or marmalade — £2.95



SANDWICHES

All served in a large white or brown bap with chunky chips or skinny fries. Served all day

Hot Meat Dip

Please ask for today's choice of meat — £6.95

Breakfast Bap

Choose any two ingredients from the following: bacon, egg, sausage, black pudding, hash brown — £4.95. Additional choices 80p each

Baby Prawn Marie Rose — £7.95

Fish Goujons

Battered fish goujons with tartare sauce — £7.95

Slow-Cooked Pulled Pork — £7.95

Braised Beef — £7.95

Cheese & Sweet Pickle — £7.95



SALADS

Greek

A classic Greek salad with mixed olives and feta cheese — £8.95

Caesar

Mixed leaves dressed in a Caesar sauce with bacon lardons, croutons, anchovies and shaved Parmesan — £8.95. Add chicken or baby prawn & crayfish £2.00 each

CHILDREN'S MENU

Choose two courses for £6.50 or three courses for £7.25

STARTERS

Tomato Soup, Garlic Bread or Vegetables Sticks with Mayo Dip

MAINS

Crunchy Battered Cod

Sausage

Cheese & Tomato Pizza

Breaded Scampi

Burger

All served with a choice of chunky chips, fries or mashed potato, along with a side of garden peas, baked beans or mixed salad

DESSERTS

Sticky Toffee Pudding

Choc Brownie

Scoop Ice Cream (Vanilla, Chocolate or Strawberry)

Fruit Salad



SIDES

Marinated Olives — £2.95

Chunky Chips — £1.95

Steamed Vegetables — £1.95

French Fries — £1.95

Wild Rice — £1.95

Dressed Side Salad — £2.25

Mushy Peas — £1.95

Homemade Onion Rings — £2.25

Garlic Bread — Add cheese for £1.00 — £2.50

Peppercorn, Dianne or à la Crème Sauce — £2.25

Please note: All our food is cooked to order which may result in a longer than average waiting time during busy periods, thank you for your patience. If you have any special dietary requests please let a member of staff know when you order. We have full allergen information for every item on our menu – ask staff for our allergen information binder.

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Terms & Conditions: Menu descriptions may not list full dish contents. All menu items are subject to availability. Prices include VAT at the current rate. Visa and MasterCard are accepted and Maestro/Delta/Amex where applicable, together with personal cheques when accompanied by an appropriate banker's card. All products may contain nuts or nut derivatives. Please note that all of our meat and fish products may contain bones. If you have any queries or comments please do not hesitate to contact us at: The Seaton Lane Inn, Seaton Lane, Seaton, Co. Durham, SR7 0LP. Tel: 0191 581 2038. Email: info@seatonlaneinn.co.uk



DINING

STARTERS

Homemade Soup of the Day

Made fresh daily and served with a bread knot and butter — **£4.95**

Deep-Fried Potato Skins

Potato skins – *for one or to share* – with a crisp salad garnish and a choice of dips: garlic mayonnaise, sweet chilli or barbecue sauce — **£4.25/£5.95**

Seafood Tian

A selection of baby prawns in a citrus mayo, seasoned with crayfish and smoked salmon — **£7.95**

Pork, Chilli, Ginger & Lime Meatballs

Served with tzatziki sauce and fresh pea shoots — **£5.95**

Crispy Chicken Strips

Served on an iceberg lettuce, tomato and spring onion salad with a choice of sweet chilli or garlic mayonnaise dip — **£5.95**

Duo of Salmon Cakes

Salmon potato cakes, coated in breadcrumbs and deep-fried, served with citrus mayonnaise — **£6.95**

Portobello Mushroom

Roast mushroom topped with crumbled blue cheese and crisp bacon, served on a dressed pea shoot salad — **£5.95**

Baby Caesar Salad

Baby leaves, crispy bacon lardons, anchovies, Parmesan curls and herb croutons — **£5.95**



MAINS

Fish & Chips

Deep-fried battered fish served with chunky chips, mushy peas and homemade tartare sauce — **£12.95**

Perfect with Hooper's Dandelion & Burdock (4.0 abv)

Scampi

Served with lime-dressed salad, chunky chips and tartare sauce — **£9.95**

Pan Fried Salmon

Served on a coconut risotto with fresh chilli and ginger — **£13.95**

Pan Seared Salmon

With sweet chill stir fry — **£13.95**

Cajun-Spiced Pork Skewers

Served with a crisp salad, French fries and garlic mayonnaise dipping sauce — **£9.95**

Homemade Steak & Red Wine Pie

Succulent chunky steak in a rich gravy served in a shortcrust pastry with creamed potato or chips and fresh garden vegetables — **£10.95**

Roast Half Chicken

Served with hand-cut chips and rich gravy — **£12.95**

Thai Red Curry

Choose from baby prawn & crayfish *or* chicken, with stir-fried vegetables in a Thai red curry sauce; served with wild rice — **£13.95**

Beef *or* Chicken Madras

Served with wild rice and mini naan bread — **£12.95**

Slow-Roasted Pulled Pork Shoulder

Served with colcannon mash, vegetables and a rich gravy — **£14.95**

Lamb Shank

Slow-cooked minted lamb shank with a rich gravy, cream of mashed potato and market vegetables — **£14.95**

Lemon & Thyme Marinated Chicken

Chicken breast served on a crisp mixed salad served with lightly salted chips — **£10.95**

Roast of the Day

Please ask a member of staff for today's choice of meat, served with traditional fayre, roast potatoes, Yorkshire pudding and seasonal vegetables — **£9.95**

Chicken & Bacon

Pasta bound in an a la crème sauce topped with Parmesan shavings and freshly chopped chives — **£10.95**

Seafood Medley

Pasta bound in a creamy parsley sauce, prawn, crayfish, smoked salmon and salmon pieces; served with a crusty white bread roll — **£12.95**



FROM THE GRILL

Seaton Lane Angus Beef Burger

Succulent burger in a toasted white bap, topped with iceberg lettuce and sliced tomato, served with chunky chips and coleslaw — **£9.95**

Chicken Burger

Breaded chicken breast in a toasted white bap, topped with iceberg lettuce and sliced tomato, served with chunky chips and coleslaw — **£9.95**

Add 80p per topping to make your perfect burger: cheese, onion, mushrooms, bacon, black pudding. Add onion rings for £1.75

Gammon Steak

Succulent gammon served with two fried eggs, sliced pineapple, baked tomato, mushroom, homemade onion rings and chunky chips — **£12.95**

8oz Sirloin Steak

Cooked to your liking and served with traditional garnish of grilled tomato, mushroom, onion rings and mixed salad, served with either chunky chips or fries — **£19.95**

6oz Fillet Steak

Cooked to your liking and served with traditional garnish of grilled tomato, mushroom, onion rings and mixed salad, served with either chunky chips or fries. Choose from peppercorn, dianne or à la crème sauce — **£27.95**

Mixed Grill

5oz rump steak, sausage, black pudding, gammon and chicken served with traditional garnish of grilled tomato, mushroom, onion rings and mixed salad, served with either chunky chips or fries — **£21.95**

Trio of Lamb Cutlets

Cooked to your liking and served with *either*

A traditional garnish of baked tomato, portobello mushroom, onion rings and hand-cut chips — **£14.95**

or

A bubble & squeak potato cake, minted red wine sauce and vegetables — **£14.95**

SINGLE OR SHARING

Meat

Mini burger sliders, chicken strips, battered sausage, pot of pulled pork, onion rings, fries and three dips (garlic mayo, barbecue and sweet chilli) — **£8.95 / £14.95**

Fish

Fishcakes, fish goujons, scampi, pot of baby prawns & crayfish, chunky chips, mushy peas, tartare sauce, tomato ketchup and bread & butter — **£8.95 / £14.95**

Antipasto

Marinated olives, a selection of cured meats, pickles, cheese, olive oil and mixed toast — **£6.95 / £9.95**

Bread & Olives

A selection of bread, green and black olives, sun-blushed tomato, balsamic vinegar and olive oil — **£6.95 / £9.95**



DESSERTS

Double Chocolate Brownie

Served with vanilla ice cream and fresh berries — **£4.95**

Sticky Toffee

With butterscotch sauce accompanied with either ice cream or custard — **£5.95**

Knickerbocker Glory

Traditional style with layers of fresh strawberries, sticky strawberry sauce, luxury vanilla and strawberry ice cream topped with freshly whipped cream — **£4.95**

Summer Berry Seaton Mess

Mixed summer berries bound in a whipped cream, crushed meringue, raspberry sauce and flaked almonds — **£5.95**

Chocolate Sundae

White Chocolate and chocolate ice cream accompanied with cream and chocolate sprinkles — **£4.95**

Cheesecake

Please ask for today's choice, served with ice cream — **£4.95**

Lemon Meringue Tartlet

Lemon curd in a sweet pastry case topped with homemade meringue — **£5.95**

Crème Brûlée

Homemade brûlée with caramelised top — **£4.95**

Luxury Ice Cream

Choose from the following flavours: Vanilla dream, strawberry, chocolate, white chocolate, panna cotta raspberry, rum raisin, maple walnut, mint choc, or lemon sorbet
One Scoop — **£1.95** Two Scoops — **£2.95** Three Scoops — **£3.75**

Cheese Board

A selection of cheeses served with biscuits, fruit and chutney — **£7.25**

Remember to ask staff about our Daily Specials menu

(Please note: specials may not be available during peak seasons)